



# Pop Up Dementia Hwb

Westward Community Centre

Llangewydd Road, Cefn Glas

CF31 4JR

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## Open from 2pm to 4pm on Mondays

### Come Join Us

For fun free activities supporting those living with dementia and peer support for carers

### The Pop Up Dementia Hwb Supports

- People worried about their memory
- People who care about someone with a memory issue
- Those diagnosed with a type of dementia
- Those who care for someone living with dementia

# 0300 10 249 70



Amerwg gan  
Igydwysueth Cymru  
Funded by  
Welsh Government



Project by Dementia Friendly Swansea (Charity Number 1199456) and

Mental Health Matters Wales (Charity Number 1123842, Company Number 6468412).