



# Maesteg Pop Up Dementia Hub

**Dyffryn Chapel, Bedw Street, Caerau**

**Maesteg, CF34 0TF**

**bdh@mhmwales.org**

**Open from 11am to 1pm every other  
Tuesday, commencing on May 30th**

## **Come Join Us**

**For fun free activities supporting those living with dementia and  
peer support for carers**

## **The Pop Up Dementia Hub Supports**

- People worried about their memory
- People who care about someone with a memory issue
- Those diagnosed with a type of dementia
- Those who care for someone living with dementia

**0300 10 249 70**



Mental Health Matters Wales (Charity Number 1123842, Company Number 6468412).



Ariennir gan  
**Lywodraeth Cymru**  
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**Welsh Government**



**By your side.**

