



# Maesteg Pop Up Dementia Hub

Tŷ Llynfi, Llynfi Road, Maesteg

CF34 9DS

[bdh@mhmwales.org](mailto:bdh@mhmwales.org)

**Open from 11am to 1pm every other  
Tuesday, commencing on May 23rd**

## Come Join Us

For fun free activities supporting those living with dementia and peer support for carers

## The Pop Up Dementia Hub Supports

- People worried about their memory
- People who care about someone with a memory issue
- Those diagnosed with a type of dementia
- Those who care for someone living with dementia

**0300 10 249 70**



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