



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board

BRIDGEND COMMUNITY LIAISON TEAM

Our service is designed to provide **befriending and signposting, advice and guidance** to support people with a wide range of social, emotional or practical needs focusing on improving mental health and physical wellbeing offering a safety net and empower them to engage within their community creating a network of support.

Who can access the service?

- Individuals with mental health related issues
- Individuals who have disengaged with services
- Individuals who experience frequent hospital admissions

Tel: 0300 10 249 70
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