



# Community Advocacy Service

Our Community Advocacy Service listens to your views and concerns and provides information and support in matters relating to work, finance, housing and health.

- We can assist you to understand and respond to letters or make important phone calls
- We can accompany you financial or health related appointments
- We can support you to access leisure services and education and training opportunities
- We can ensure your voice is heard

Contact the Community Advocacy Service on 0300 10 249 70

Or email [cas@mhmwales.org](mailto:cas@mhmwales.org)

Download a referral form from  
[www.mhmwales.org.uk/advocacy](http://www.mhmwales.org.uk/advocacy)



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Llywodraeth Cymru  
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