



## Job Description

<b>Title:</b>	<b>Casual Wellbeing Worker</b>
<b>Salary:</b>	<b>£9.50 (unless stipulated differently)</b>
<b>Hours:</b>	<b>Zero Hour Contract (role to cover staff annual leave and absenteeism.)</b>
<b>Pension:</b>	<b>Workplace Auto Enrolment, unless Opt-out</b>
<b>Line management:</b>	<b>Wellbeing Coordinator</b>
<b>Accountable to:</b>	<b>Mental Health Matters Wales' Board of Directors</b>

### **Purpose of the Role**

The aim of the post is to provide support and practical assistance to people with a mental health difficulty living in the community of Bridgend County Borough, to enable them to achieve their full potential.

To contribute to the development of existing services and to assist the Wellbeing Coordinator in the development of new services.

### **Main Tasks**

1. To facilitate and support activities at a range of wellbeing hubs and community cafe based within Bridgend County Borough.
2. To develop services that are focused upon the needs and requirements of people who have a mental health problem, help them understand their responsibilities and rights and to enable them to make their own informed choices about the life they choose to lead.
3. To provide assistance, support, information, signposting and guidance to people who contact wellbeing services.
4. To recognise and deal with potential risks and awareness of personal safety. To identify any risks in delivering the service and comply with risk management procedures.
5. To support and recognise the role of volunteers by providing a mentoring role to a small group of volunteers employed in wellbeing hubs and community cafe.
6. In conjunction with the Wellbeing Coordinator take responsibility for the daily management of a small petty cash float for wellbeing hubs or community cafe.
7. To contribute to the strategic and operational development of Mental Health Matters Wales' Wellbeing Services.

8. To actively engage with people who use our wellbeing hubs and community café (and relevant providers and the community) to deliver a service that is meaningful and valued.
9. To facilitate social interaction amongst hub and café users.
10. In conjunction with the Wellbeing Coordinator and people who use the hubs, plan and implement a programme of activities.
11. To work on a flexible, rota basis to ensure adequate cover of the wellbeing hubs.