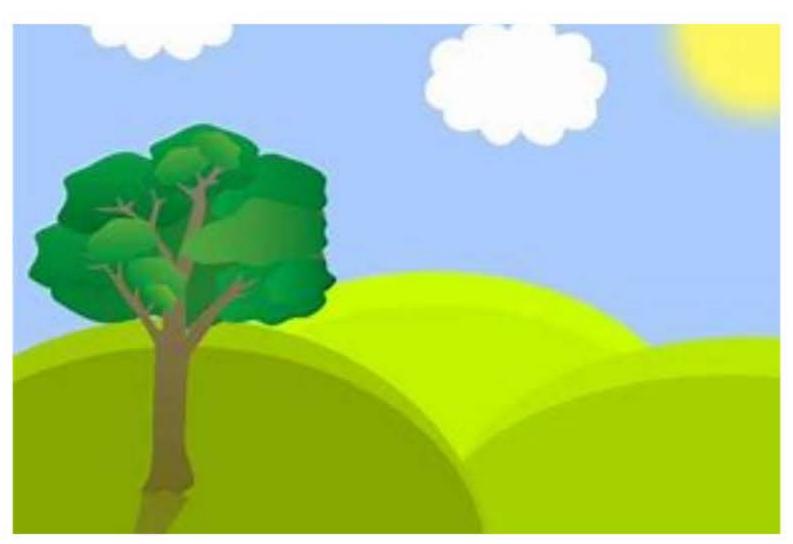




Reconnecting Nature



Conservation Wellbeing Days

Improve your local environment as well as your own physical and mental health with practical sessions in the beautiful surroundings of Merthyr Mawr Estate

Please contact us for dates & further information

email community@mhmwales.org or call 01656 767045