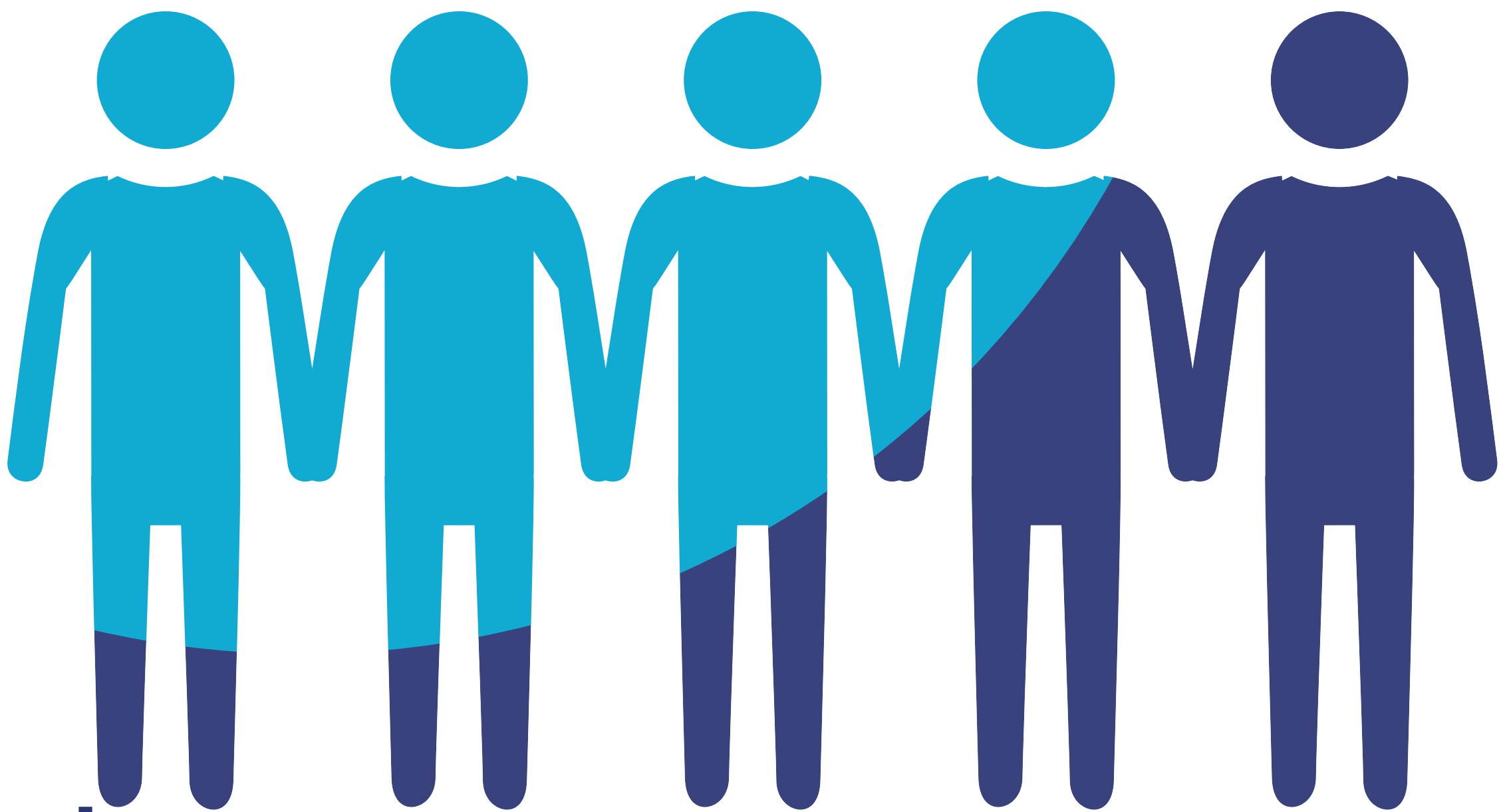




**MENTAL HEALTH
MATTERS WALES**

Standing Together



Advocacy Peer Support

Mental Health Matters Wales facilitates a peer advocacy group for anyone aged 18 and over who lives in Swansea, Bridgend, or Neath Port Talbot who is using or has used advocacy services.

Groups will be held via Zoom on the first Wednesday of every month, 1pm - 2pm.

For more information, please contact ipa@mhmwales.org

Cyngor Bwrdeistref Sirol



Cyngor **Abertawe**
Swansea Council

Charity Number: 1123842

Company Number: 6468412