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| MHM Wales is a charity and is a non-profit making service.  Talking Connections Counselling is available to anyone seeking help and support with their mental health related issues. Counselling sessions are provided to individuals through one hour talking therapy sessions.  Our service utilises several **professional and trainee counsellors** who volunteer their time to help support individuals in need of counselling services at **a minimal cost of £10 per session**. |

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| **Name:** |  | | | | | | |
| **DOB** |  | | | | | | |
| **Age** |  | | | | | | |
| **Gender** | **Male** 🞏 | | **Female** 🞏 | | | **Other** 🞏 | |
| **Address** |  | | | | | | |
|  |  | | | | | | |
|  |  | | | | | | |
| **Postcode** |  | | | | | | |
| **Email Address** |  | | | | | | |
| **Telephone number** | |  | | | | | |
| **Gender Preference of Councillor** | | **Male 🗆** | | **Female** 🞏 | **No Preference**  🞏 | | |
| **Format of Counselling** | | **Telephone 🗆** | | **Video Chat 🗆** | **Face to Face 🗆** | | |
| **Language Preference** | |  | | |  | | |
| **Can a message be left on answerphone re apt?** | | **Yes**  🞏 | | | **No**  🞏 | | |
| **Confirmation of appointment will be sent via:** | | **Email**  🞏 | | **Post**  🞏 | **Text SMS**  🞏 | | **Phone**  🞏 |
| **Name of Doctor** | |  | | | | | |
| **Surgery Address** | |  | | | | | |
| **Surgery Tel no.** | |  | | | | | |
| **Has the referral been discussed with the person?** | |  | | | | | |

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| **When completing the referral form, please be as detailed as possible regarding the reason for the referral to Talking Connections Counselling service. This will help us to identify the most appropriate counsellor where possible.**  **NOTE: We do not accept referrals without information regarding why the referral is being made**  **We can accept referrals for individuals who may be involved with court cases. However, counsellors cannot discuss the court case with clients.** | | | |
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| **Please indicate total in each group ( Please tick 🗸 multiple groups if required)** | | | |
| Older People (50+) |  |  | |
| Women |  |  | |
| Black and Minority ethnic origin |  |  | |
| Disabled |  |  | |
| LGBTQ+ |  |  | |
| Carers |  |  | |
| People with Mental Health Issues |  |  | |
| People involved in substance misuse |  |  | |
| **Please tick the appropriate box for days and times for you:**  **Please be aware all sessions are held on the same day and time every week.**  **Morning Afternoon Evening** | | | |
| Monday |  |  |  |
| Tuesday |  |  |  |
| Wednesday |  |  |  |
| Thursday |  |  |  |
| Friday |  |  |  |
| **Further Information/Other Services Involved** | | | |
|  | | | |
| MHMWales has a duty of care in relation to all staff and clients. To ensure the safety of both staff and clients, please use the space below to provide additional information with regards to any identified risks e.g., anger issues or risk to others. This does not mean that the client will be denied access to the service but will allow MHM Wales to put appropriate measures in place due to counsellors working remotely. Failure to disclose this information which is later identified will result in the service being withdrawn. | | | |
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